A logo for a company

AI-generated content may be incorrect. A logo for the national health care foundation

AI-generated content may be incorrect.

Empathy Challenge Activity Cards

Instructions: Cut out the cards below.

In groups, students will act out the scenario on the card without speaking.

Others must guess the scenario.

After each turn, reflect on what made communication hard or easy.

* Card 1: You need to ask for a glass of water.
* Card 2: You are lost and trying to ask for directions.
* Card 3: You are trying to find the toilet.
* Card 4: You want to borrow a pencil from someone.
* Card 5: You are telling someone you’re feeling unwell.
* Card 6: You need help carrying something heavy.
* Card 7: You are late for school and trying to explain why.
* Card 8: You are celebrating good news with a friend.
* Card 9: You want someone to stop being too loud.
* Card 10: You are trying to play a game but don’t know the rules.